



Slips, Trips, and Falls Quiz

1. What can you wear to help prevent STFs?
 - a. Proper footwear
 - b. Fall protection equipment
 - c. Sunglasses when bright conditions are present
 - d. All of the above
2. What is the only way remove the risk of a known hazard for STFs?
 - a. Notify supervisor
 - b. Post signage or use caution tape
 - c. Ensure that the hazard is removed
 - d. Be extra careful around hazard
3. STF's are:
 - a. Largely preventable
 - b. One of the main causes of injury in your district
 - c. Very costly, especially for self insured districts
 - d. All of the above
4. Which of these is not a cause of trips?
 - a. Toe stub
 - b. Differing step height
 - c. Slippery surfaces
 - d. Drop step
 - e. Obstructed path
5. Which of these can increase your risk of STFs?
 - a. Impaired senses (sight, hearing or feeling)
 - b. Being in a hurry and/or rushing around
 - c. Behaviours/Emotions (angry, sleepy, excited, stressed)
 - d. Poor housekeeping (clutter)
 - e. All of the above
6. You will not get hurt if you slip or trip as long as you don't fall
 - a. True
 - b. False
7. If you are physically fit you are less likely to get injured than someone physically unfit.
 - a. True
 - b. False
8. Slippery surfaces only occur with liquids.
 - a. True
 - b. False
9. Tripping can occur when missing a step.
 - a. True
 - b. False
10. You can fall without tripping or slipping.
 - a. True
 - b. False