

SPORTS –RELATED FORM “CHEAT SHEET”

<u>FORM NAME</u>	<u>PURPOSE/USE</u>
Athletic Participation Form (Required)	<p>Used for all District-Sponsored Athletics and Cheerleading.</p> <p>Must be completed before any try-outs, training or competition.</p> <p>Identifies risks, includes waivers, and authorizes emergency medical care. Also includes statutorily required insurance information.</p> <p>Inclusion of waivers and medical authorizations.</p>
Physical Examination Form (Required by SIA; Required in substance by CIF)	<p>Used prior to any try-outs, training, or competitions. Must be signed by MD/DO/Nurse Practitioner/Physician Assist.</p> <p>Can be completed by private physician or at District-sponsored “health fair;” Form approved by Kaiser, with Kaiser attaching print-out for certain required information.</p>
Concussion Head Injury Information Sheet (General Content Required by Law – 1/1/2012)	<p>Sheet must be provided each year to students participating in any District-sponsored sports programs or activities (interscholastic, intramural, recreational); the only exception to the statutory requirement is for P.E. classes.</p> <p>If this form is not used, equivalent form must be issued by District each year</p>
Concussion Head Injury/Serious Injury Report Form (Optional)	<p>Form provides important information to a parent/health care provider regarding a serious injury/concussion/potential head injury.</p> <p>Used by District to track students removed from sports participation who cannot resume participation until they obtain medical clearance.</p> <p>Form also contains required medical clearance form to be executed only by MD/DO (required by law), except for non-concussion situations, where NP/PA can also sign.</p>