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SCHOOLS INSURANCE AUTHORITY PRESENTS...

Nonviolent Crisis Intervention[®] Training Program for Behavior Management

Target Audience:

- District and school administrators
- Special Education program directors and managers
- PBIS (Positive Behavioral Intervention and Supports) program administrators or leaders
- Bullying Prevention program administrators or leaders
- School Safety and Security program administrators or leaders

Objective:

Attendees will become familiar with the program and learn ways to implement a program at their district or school. Participants will learn how this program supports all the members of the target audience with their program goals.

Date/Time:

Choose from one of two available training dates.

- Wednesday, September 30th from 9:00 am to 3:00 pm
- OR**
- Wednesday, October 21st from 9:00 am to 3:00 pm

Location:

Schools Insurance Authority
9800 Old Placerville Rd., Suite 100,
Sacramento, CA 95827-6710

Note: Lunch will be provided. There is no cost to attend this training.

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Nonviolent Crisis Intervention[®]

Training Program for Behavior Management

If someone in your care became disruptive or assaultive, what would you do?

It's difficult to predict exactly how you might respond during a crisis. Yet, as an educator, health care provider, or human services provider, you face challenging behavior and potentially dangerous situations every day. How you respond greatly determines the safety of everyone involved—and profoundly affects your relationships with those in your care. Are you prepared?

You can learn how to take control of an out-of-control situation.

Any type of crisis incident—from a verbal outburst to physical aggression—is an unsettling experience for everyone involved. Educators, health care providers, and human services providers who are responsible for the safety of others as well as their own staff are especially likely to feel frightened, confused, and, worst of all, they wonder: “What could I have done to prevent this from happening?” In fact, staff's own attitudes, fears, and anxieties can greatly influence whether a crisis is prevented or whether it escalates further.

You'll feel calm and confident—instead of scared and confused.

Of course, not every incident can be prevented. However, many situations can be defused early on if staff have the proper training and learn how to respond productively during crisis moments. The *Nonviolent Crisis Intervention*[®] training program not only teaches staff to respond effectively to the warning signs that someone's beginning to lose control, it also addresses how staff can deal with their own stress, anxieties, and emotions when they're confronted with challenging situations.

You'll learn how to promote safety and dignity—always.

The *Nonviolent Crisis Intervention*[®] training program is a holistic behavior management system based on the philosophy of providing the best *Care, Welfare, Safety, and Security*SM for staff and those in their care, even during the most violent moments. The program focuses on preventing disruptive behavior by communicating with individuals respectfully and with concern for their well-being. The program teaches physical interventions only as a last resort—when an individual presents an imminent danger to self or others—and all physical interventions taught are designed to be nonharmful, noninvasive, and to maintain the individual's dignity. Follow-up debriefing strategies are also key components of the training program.

Regulation, legislation, litigation—we understand your issues.

As the worldwide leader in behavior management training, we're committed to staying abreast of the issues that affect professionals around the world. We recognize the challenges you face in providing services and care in difficult situations. Through *Nonviolent Crisis Intervention*[®] training, you'll learn practical skills and techniques that directly apply to the challenges you face and that focus on your greatest concerns.

Participants will learn to:

1. Identify the behavior levels that contribute to the development of a crisis and choose an appropriate staff intervention for each level.
2. Identify useful nonverbal techniques that can help prevent acting-out behavior.
3. Use verbal techniques to de-escalate behavior.
4. Demonstrate CPI's Principles of Personal Safety to avoid injury if behavior escalates to a physical level. Provide for the *Care, Welfare, Safety, and Security*SM of everyone involved in a crisis situation.
5. Understand and develop team intervention strategies and techniques.
6. Recognize the importance of staff attitudes and professionalism in responding effectively to those in their charge.
7. Demonstrate physical control and restraint positions to be implemented when physical control is necessary as a last resort due to an individual's dangerous behavior.
8. Provide for the *Care, Welfare, Safety, and Security*SM of everyone involved in a crisis situation.
9. Apply the material covered in training to real-life situations.
10. Find ways to use the time after a crisis (Postvention) as a step toward preventing future crises.
11. Use a model for action after an incident that will bring about necessary closure, debriefing, and re-establishment of a therapeutic relationship with the individuals involved.
12. Provide for the *Care, Welfare, Safety, and Security*SM of everyone involved in a crisis situation.